



# THERAPRACTICS GENERAL EVALUATION

PATIENT: \_\_\_\_\_ DATE: \_\_\_\_\_

PATIENT #: \_\_\_\_\_ EMPLOYER: \_\_\_\_\_

DIAGNOSIS: \_\_\_\_\_ PHYSICIAN: \_\_\_\_\_

## SUBJECTIVE HISTORY

AGE: \_\_\_\_\_ D.O.B. \_\_\_\_\_ SEX: \_\_\_\_\_ OCCUPATION: \_\_\_\_\_ DATE OF INJURY: \_\_\_\_\_

MECHANISM OF INJURY: \_\_\_\_\_

GENERAL HEALTH: \_\_\_\_\_

PERTINENT SURGERIES / DATES: \_\_\_\_\_

MEDICATIONS: \_\_\_\_\_

PREVIOUS HISTORY / TREATMENT: \_\_\_\_\_

CHIEF COMPLAINT: \_\_\_\_\_

## OBJECTIVE

CLINICAL OBSERVATION (Swelling, redness, etc.) \_\_\_\_\_

RANGE OF MOTION \_\_\_\_\_

MUSCLE STRENGTH \_\_\_\_\_

PALPATION: \_\_\_\_\_

FUNCTIONAL STATUS: \_\_\_\_\_

MAJOR PROBLEMS: 1. Pain Swelling Spasm \_\_\_\_\_

2. Decreased: ROM/Flexibility \_\_\_\_\_ Strength \_\_\_\_\_

3. Postural Deficits \_\_\_\_\_

GOALS: 1. Decrease: Pain Swelling Spasm \_\_\_\_\_

2. Increase: ROM/Flexibility \_\_\_\_\_ Strength \_\_\_\_\_

3. Improve Posture \_\_\_\_\_

PLAN: 1. Therapeutic Exercises \_\_\_\_\_

2. Soft Tissue Mobilization Joint Mobilization \_\_\_\_\_

3. Modalities PRN for: Pain Swelling Spasm control \_\_\_\_\_

FREQUENCY: \_\_\_\_\_ DURATION: \_\_\_\_\_

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R.P.T., D.C.